



St Joseph's School

Term 4 Canteen Menu



BREAKFAST (order from 8.00-8.15am only)

G	Toasted Ham & Cheese	\$4.00
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RECESS SNACKS

G	Apple Slices	\$1.50
G	Popcorn	\$.50
G	Cheesie	\$2.00
G	Cheese & Crackers	\$2.50

TERRIFIC TOASTIES

G	Cheese	\$3.00
G	Chicken & Cheese	\$4.00
G	Ham & Cheese	\$4.00

VEGGIE DELIGHTS

G	Corn Cobbette	\$1.00
G	Carrot Sticks	\$1.00

LOVELY LUNCHES

G	Grazing Plate (yummy drummy popcorn, cheese, carrot, apple, crackers)	\$4.50
G	Bacon Blitz Pizza	\$4.00
A	Hot Dog (small bun)	\$4.00
A	Hot Dog (large bun)	\$4.50
G	Pasta Bolognese (home-made)	\$4.50
A	Sausage Roll	\$4.00
A	Nachos (with mildly spiced beef)	\$4.50

SUPER SANDWICHES & WRAPS

G	Captain Crunch Sandwich	Ham, cheese & lettuce	\$4.50
G	Sea Monster Sandwich	Tuna, lettuce, mayo	\$4.50
G	Chicky Wicky Sandwich	Chicken, lettuce, mayo	\$4.50
G	Penguin Sandwich	Vegemite, served with a side of carrot sticks	\$3.00
G	Sweet Chilli Wrap	Shredded chicken breast, lettuce, carrot, cheese, sweet chilli sauce and mayo	\$4.50 (small) \$5.00 (large)

Please note that all sandwiches are made with multi-grain bread unless hi-fibre white is requested.

THIRST QUENCHERS

G	Water	\$1.00
G	Milk (chocolate or strawberry)	\$2.50
A	99% Juice (orange, apple or tropical)	\$2.50

AFTER LUNCH TREATS

A	Quelch 99% Fruit Juice Stick	\$0.50
A	Bulla Frozen Yoghurt Cup	\$2.00
A	Paddlepop	\$2.00

Orders close at 8.45am.

Late or forgotten orders will receive a "Penguin" sandwich.
Toasted ham and cheese sandwiches are available Monday to Thursday.
These need to be ordered by 8.45am. The cost is \$4.00.

Our canteen uses the "Traffic Light" system when planning the menu.
We aim to have our menu made up of predominantly
"Green" classified items.

G = "Green" items are suitable to eat every day
A = "Amber" items should be eaten in moderation

ALL ORDERS NEED TO BE MADE THROUGH CDF PAY.

<https://stjosephsboulder.cdfpay.org.au/>

If you have any questions, ideas, or comments about our school canteen, please do not hesitate to contact Mrs Gallin.
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